

CHANGING THE GAME

Creating a High-Performing Mindset in Our Kids

presented by Stettler Minor Hockey Association



Conventional wisdom holds that youth sports are a positive experience for our children, yet 70% of children drop out of organized athletics by the age of 13. Youth sports has become an ultra-competitive, adult centered enterprise that has taken the “play” out of “Play ball” for far too many kids, but we can change that. Glen Mulcahy will be doing presentations geared toward all Stettler minor sports associations and schools sports teams, where you will learn:

- *Changing the Game: How to Keep Kids in Sports!*
- *Leadership Secrets from the Worlds Greatest Coaches and Organizations*

Sat Sept. 9th, 2017, Stettler Performing Arts Centre

9:30am-12:30pm, Coach Presentations:

- 1. Coaching Beyond the X's and O's**
- 2. Cultures of Excellence**

2pm-5pm, Parent Presentations:

- 1. Why kids play and why they are quitting youth sports**
- 2. Early Sport Specialization vs. LTAD**

Glen Mulcahy is a former youth athlete who played on three provincial winning teams in Hockey, Football and Rugby, completed a degree in Physical Education (Kinesiology major) and has now coached various sports for over 20 years. Since 2009 he has also been a coach mentor in his role as BC Hockey Course Facilitator running Hockey Canada's NCCP required clinics and has now certified 1000's of coaches both in the recreational and competitive streams.

Glen is also a parent of two kids that have played recreational and competitive sports since 2000 and as a result of the numerous issues that he has seen first hand that has taken the “Play” out of youth sports, he founded PARADIGM Sports to work with parents, coaches and executive members so we can bring the game back to the kids ... where it belongs.



Glen Mulcahy
glen@paradigmsports.ca

