

Group Time	Group						Group Time	Group					
	Girls - Jun	Girls - Int	Girls - Sen	Boys - Jun	Boys - Int	Boys - Sen		Girls - Jun	Girls - Int	Girls - Sen	Boys - Jun	Boys - Int	Boys - Sen
10:00	3000	3000	3000	Long Jump	Shot	Shot Pentathlon	1:05		200 m	200 m		High Jump	High Jump Pentathlon
10:05	Javelin			Discus	TJ	TJ	1:10		Long Jump	Long Jump Pentathlon			
10:10	High Jump	High Jump	High Jump Pentathlon				1:15				200 m		
10:15				3000	3000	3000	1:20					200 m	200 m
10:20							1:25						
10:25							1:30	800 m	800 m	800 m Pentathlon			
10:30	80 m Hurd						1:35	Shot					
10:35		80 m Hurd	80 m Hurd				1:40				800 m		
10:40				100 m Hurd			1:45					800 m	800 m Pentathlon
10:45					100 m Hurd	100 m Hurd	1:50						
10:50							1:55	4 X 100 m					
10:55		TJ	TJ	High Jump			2:00		4 X 100 m	4 X 100 m			
11:00	100 m			Shot	Long Jump		2:05				4 X 100 m		
11:05	Discus	Discus	Discus	Javelin			2:10					4 X 100 m	4 X 100 m
11:10		100 m	100 m Pentathlon				2:15						
11:15				100 m			2:20	4 X 400	4 X 400	4 X 400			
11:20					100 m		2:25						
11:25						100 m Pentathlon	2:30				4 X 400	4 X 400	4 X 400
11:30							2:35						
11:35							2:40						
11:40							2:45						
11:45	TJ					Long Jump Pentathlon	2:50						
11:50							2:55						
11:55							3:00						
12:00		Shot	Shot Pentathlon		Javelin	Javelin	3:05						
12:05							3:10						
12:10							3:15						
12:15	400 m	400 m	400 m				3:20						
12:20	Long Jump						3:25						
12:25				400 m			3:30						
12:30					400 m	400 m	3:35						
12:35							3:40						
12:40	1500 m	1500 m	1500 m				3:45						
12:45				TJ			3:50						
12:50				1500 m	1500 m	1500 m	3:55						
12:55							4:00						
1:00	200 m	Javelin	Javelin		Discus	Discus							